

Intonations



July 2011

This zine was produced at O3 as part of Writers in the Community, a program run jointly by the Quebec Writers' Federation and The Centre for Literacy of Quebec.

Thanks to writer-facilitators Jason Selman and Larissa Andrusyshyn

We acknowledge the support of the Canada Council for the Arts, which last year invested \$20.1 million in writing and publishing throughout Canada.



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Intonations

Like A Soldier

Big broad shoulders
He reminds me of a shoulder
Shoulders are what I think of him
So strong, so strong and he loves to help
Helps me clean and cooks for me
He makes me so happy
Happy to meet him
Happy that I am able to be around him
It is so relaxing to me, to me, to me

Kesha Gero

Outsider Looking In...

Respect yourself
If you are for a way to be loved
Love yourself first
Be a lady
You don't have to let them all in
You have a little one and it looks pretty dumb
You don't have to let them all in
Respect is important
I'm just an outsider looking in
You don't have to let them all in
Build when you must
You don't need the aggravation
You don't recognize it as such
But I did
Respect yourself

Kesha Gero

Brown

Brown is a flavour
The word is like food
It's a cookie broken up like brown sugar
Taste of coco and caramel
Giving me a fix
Brown
First thing that comes to mind is candy
I think cold chocolate ice cream
Coloured man
Brown skin
Light
Dark

Kesha Gero

Blueberry Balls

Blueberry muffins
Fresh bakes taste great when balls aren't
Flying in your face!

Missy

God's Plan

The life I live
Is not the life I chose
Who am I to change
What God already has in store for me

Missy

Wouldn't Change Thing

I fell in love
And lost a lot of people along the way
But I wouldn't change a thing
I walked around with a basketball for a stomach
Then again I ate everything in sight
But I wouldn't change a thing
I went through a violent domestic relationship
Listened to the "I'm sorry's" and "I love you's"
But I wouldn't change a thing
I spent 26 hours in labour and one hour pushing
And ate crappy hospital food
But I wouldn't change a thing
I now have a little version of us running around
He left that for everything else
But I wouldn't change a thing
I fully took charge of my life and turned it around
And now he regrets leaving in the first place
But I wouldn't change a thing
I'm eternally grateful to him for going so because my new
independent life pisses him off!!
AND I WOULD'T CHANGE A THING!!!

Missy

Confliction

I speak from my heart
My mind challenges my heart
And then I question

Nora Jean-Baptiste

Erasure of *Shakespeare's Sonnet 90*

Hate me now
Spite makes me bow
Not drop
My heart conquered a purpose
Leave me so I shall taste fortunes might

Nora Jean-Baptiste

Learn to tuck your penis away

“Learn to tuck your penis away”
The last words he said to me
I immediately wanted to reply
But to reply would imply that I had a penis to tuck away
Instead I laughed and I shrugged
Amused by the fact he clearly felt emasculated
By the uncanny manner in which I carry myself
The fact that I turn to myself when I need help
The fact that he needed to say such things
While sitting in the presence of a Queen
Forgetting the fact that it was a strong Black woman who raised
him up to search and love
nothing less than a strong, intelligent,
woman who can cook, clean and grind
While always making something out of nothing
A man can not
So when he tells me I’m looking fine
But can’t turn around and wield a hammer and a saw, create
something out of nothing
A woman can
Me, I must learn to tuck my penis away
That means he wants me to stop being a bigger and better person
than him
As a queen,
I simply cannot

Nora Jean-Baptiste

Untitled

Strangers

 Attracted

 Inclined to exchange

 infinitely delighted

in a moment...

screamed with delight

intently

eyes fixed upon each other

exclamations, bursts of

wonderful bliss...

Mariam Guzman

Untitled

I remember when we talked about
our dreams all night long
looking at the sky we saw no limit
someone told us we should quit while ahead
but I know we are strong to no end
we are family

Mariam Guzman

Untitled

What have I become to you,
now that you are no longer what you used to be to me
I want to leave the windows open
so something more substantial can fly in
It might just be better than what you have to offer
yet I wonder at what price it will be
because in the outside world nothing comes for free
I wonder what will become of us
will you become a distant memory...
So let's make a feast!
In honour of what was lost and what we used to be
Forget about the bad and treasure this moment...
Just this moment in our hearts for eternity.

Mariam Guzman

Imagine

Imagine loving someone
Imagine they don't love you back
Imagine feeling hurt every day
Imagine having to fight
Imagine if they are not worth it
Imagine finding out the hard way
I'm fed up of being hurt
It's not a good feeling
I'm fed up of being confused
It's time for me to forget about negativity.
Imagine loving someone
Imagine they don't love you back
How empty you must feel inside
Not being loved and you loving them.
You can't even listen to the sound of his voice
It hurts so badly and you realize all the people
You're hurt by loving this guy.
But he is not worth it.

Melissa Daoust

Why Me

As I'm walking down the street
I meet a guy who comes off as sweet
But in reality he is not the one I want to meet
As time goes by I realize
I'm giving me and my kids a bad surprise
A man wearing a disguise
Not who he seems to be
As he cooks and cleans for me
It still hasn't hit reality
He has a wife to be with no baby and wants me
Why me?
When all you do is use abuse and make
My mind confused
Just be true
Nobody likes to be fooled
As he comes over to be friendly
He tells me "wow, you look sexy"
And I tell him go back to your wife to be

Melissa Daoust

Anxiety

I had a baby by the name of Isaiah
Born on July 13th 2006
What a precious moment
2 babies under the age of 1 year old
Oh my, what my life is going to be
I realized after 3 days that he needed to be hospitalized
He had jaundice, laryngomalacia and eczema
Poor baby
I thought to myself, my life is going to pass me by
Before I get to sleep and eat properly and take care of me
I woke up one day and thought why do I keep crying
Why do I keep thinking life is not worth it?
Why do I feel my head is not attached to my body
and feel like somebody is suffocating me?
It must be the anxiety

Melissa Daoust

Meaning of Love and Being in Love

Love means that you trust the person, would do anything for the person, know that person is with you through thick and thin, is not afraid to be seen with you.

Love isn't blind, or deaf or dumb. In fact, it sees more than it will ever tell. It is going beyond yourself and stretching who you are for someone else.

Being in love entails seeing someone as you wish they were, to love them is to see who they really are and still care for them. Love is not bitter, but you can't have love without pain, sacrifice is the hallmark of love, the coin of love.

The meaning of love is prolonged mutual protection. Love is real when it is found. It is free when it's grasped. The possible, the meaning, the purpose of love is to reproduce, to stay together, to protect each other long enough to continue your blood line/genetics.

Being in love usually is used in the romantic sense, when you meet your significant other, transforming a normal relationship into a deeper one without further interest in others.

So love means having strong feeling for someone.

Winta

There is Always Tomorrow

Tomorrow is another day
Why would I give up?
Like there is no tomorrow
Why would I cry again?
Like I am not capable of change
Why would I live in yesterday?
When there is always tomorrow
I know one thing that I can propose
and God will dispose

Winta

Never Take Someone for Granted

Never take someone for granted
Hold every person close to your heart
Because you might wake up one day
and realize that you lost a diamond
while you were collecting stones.

Winta

Secret Power

What this power is I cannot say
All I know is that it exists
We all possess more power and greater
Possibilities than we realize
Visualizing is one of the greatest of these powers
Everyone visualizes whether he knows it or not
Visualizing is the great secret of success.

Winta