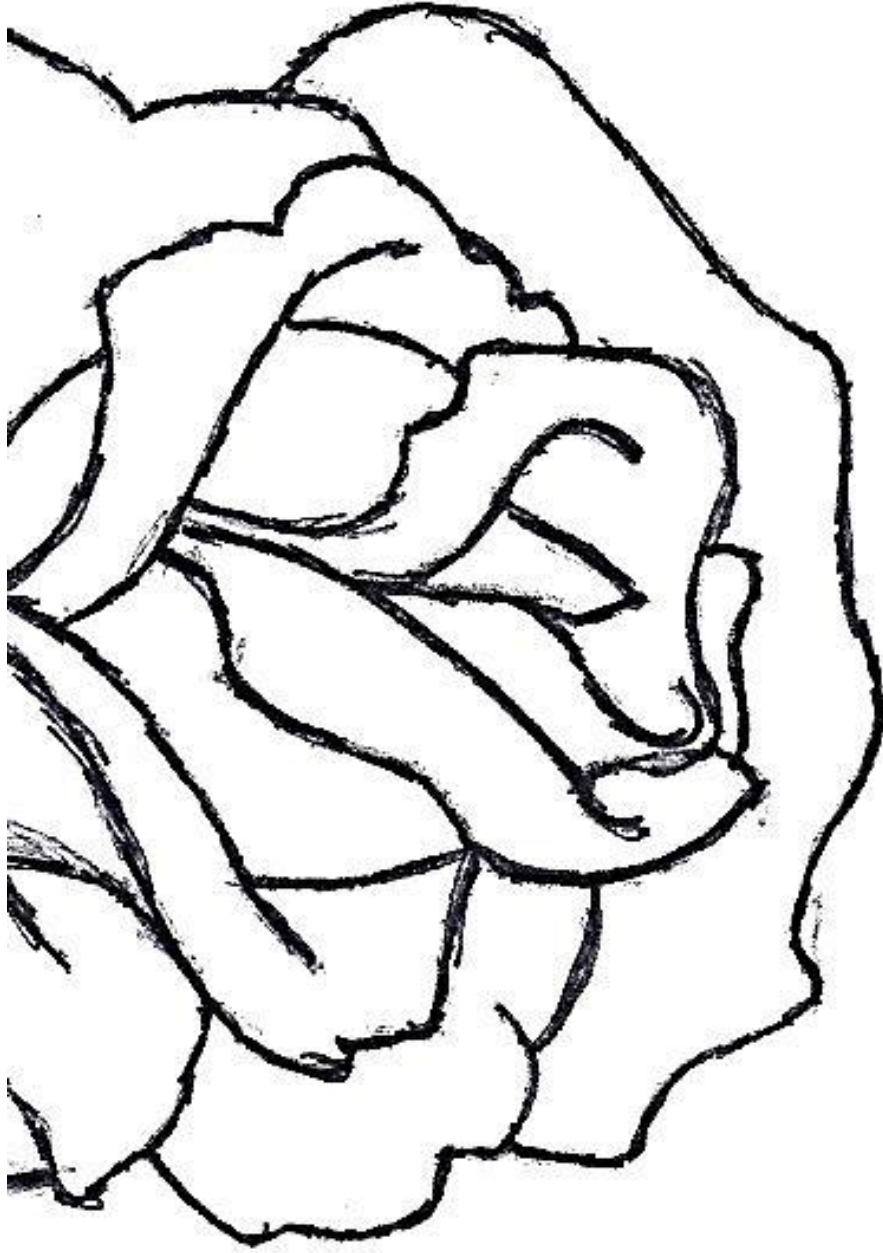


I want a doughnut



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The Centre for Literacy of Quebec
Le centre d'alphabétisation du Québec

www.qwf.org/programs/wic

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**Canada Council
for the Arts**

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My Match

My light that sparks my addiction

A life that sought me out

That wasn't meant for me

But sought me out

Led me places I'd never have discovered

No filter for my imagination, set to run free

Opened the window to insanity

My personal demons roam around my room

Dance around my bed

Images that unsettle me

Running through my head

Sasha

Mother

They watch-

As her tears hit the table

They say they can't do anything

So they play deaf too

They don't know where she disappears

She doesn't know her absence leaves

Behind pain

Good intentions couldn't fix

All is still

Before sadness becomes hungry

So they cry

She never said Good-bye

Sasha

Security

A cloudless sky is my blue
Security is his arms
When I trust myself to trust
It sounds like the soft drizzle before the storm
It's like the high velocity rush to madness
It's not sweet perfection
Or endless smiles
Sweet, yet sad. Exciting, yet exhausting.
Time goes too fast yet doesn't move at all
It's the rain after the drought

Sasha

I am

I am undecided

I wonder what I'll become

I hear the voice full of worthless advice

I see the faces of the many authorities

I want to be free

I am just beginning to find myself

I pretend to enjoy it

I feel shy

I hold the stars

I wonder when I can do it again

I understand why it's like this

I say it's okay

I dream about you

I try not to

I hope I'm enough for now

I am afraid to fall

Sasha

Nothing better to say

I see people crying

People dying

Smiles are gone

Sometimes I turn around and wonder what went wrong

Looking out the bars to the world trying not to cry

My mom said I'm crazy

Sometimes I want to die

But I touch the sky and think

Why should I?

But at the end I smile

and say good bye with a tear down my eye

and a smile that can only say good bye

Nono

life is sad

if justice is fear humans are screwed
if life is an opened door we are a closed door
if love is the hurt humans are a sadness
if care is the saying you are the care less
if crying is the sadness I am the depressed
if the door is opened we are the wind
if seeing is the believing you are the believer
if love is stupid I am silly

-nono

I am special
I wonder about life
I hear dead people
I see ghosts
I want money
I am special

I pretend to be happy
I feel crappy
I touch the stars
I worry to go blind
I cry to live
I am special

I understand Mary Jane
I say good bye
I dream about tomorrow
I try to yell
I hope to live
I am special

-Nono

Drowning in a river
with music playing with smoke blowing
A nightmare coming
a baby crying
sadness coming
heart attack comes back
to attack and evil is coming
in every way
now everything goes dark
my eyes
are closed

-Nono

The Unasked Question

What happens to the dreams
you don't remember
where do they go?

They go just like my freedom
I forget my friends
I don't remember my thoughts

The window I see no life
When I see a butterfly
I want to fly
But when I try I start to cry

People say I will get better
But I see nothing ever getting better
for now I believe I can
stop writing this letter

-nono

After a theme from *Night Song*

Among rocks, I am the strong one
Among arrows I am the target
Among children I am having one too
Among dreams I am a strong believer

Among questions I don't have all the answers
Between lovers I am in love
Among hormones I am the rollercoaster
Among wars I am the fight

Among hours, I am the minutes
Among animals I am a bird
Among birds in the sky
I'm the one that flies high.

-Jessie

The thoughts in my head

The thoughts in my head,
All of them telling me I'm better
Off dead.

How should I suppress the voices?
How can I stop them from telling
Me nothing will ever matter,
And death will set me free.

Maybe the voices will win
Maybe they will see me break,
That day won't be too far away
I've handled all that I can take.

By: Shakira

Emptiness

The place was set completely blaze,
There was nothing left, but her
Terrified gaze.

She'd lost absolutely everything
In need,
Her life seemed like nothing but
A rotten weed.

Friends & family perished & gone,
Could anyone tell her what she'd
Done wrong?

Eyes blood red & tears down
Both cheeks,
Strength was pulverized,
She was hopeless and weak.

By: Shakira

I don't want to live another day

A world so cold you can feel it as
It touches the middle of your face,
You feel fear & hurt inside you're
Nothing in this place.

Leaves drift from all the trees
The grass moves as the wind blows,
Your face feels the coldness
That nobody knows.

This place is meaningless I know
I'm not okay,
I'm lost, hurt, cold & in pain
I don't want to live another day.

By: Shakira

Belief

May peace stay with all thy gone,
May no one feel any more harm.
People say suicide is the key,
But is it people or just me?

Story tellers say that we'll be happy
Someday,
I wonder if it's my time or is
It too late?

But it's never too late to make things
Right,
You just got to believe in yourself
And everything will be alright.

By: Shakira

Still missing you

It really seemed so long ago
But then it seemed like yesterday.
Why did you have to pass on?
Why couldn't you be here to stay?

I'm tired of crying in the night
And so annoyed that no one knows.
It's just so hard to talk about
But sometimes that's how it goes.

You always cared about me
But you always seemed upset.
But the look when I came in
Is such a sweet smile I'll never
Forget.

In all I guess I'm doing okay
It still hurts because I'm missing you
So much,
But the fact that you're gone will not
And won't ever leak through.

By: Shakira

Random season

Welcome to the blue lagoon,
The sky so clear when the
Clouds sway.
Life on earth is full of many
Wishful things.

A twist of passion in the sand,
The moonlight's reflection
Bleary on the ocean waves.
Air so smooth you can hear
Your soul scream.

This is my journey,
My curse drowning in
Despair with these broken wings.

By: Shakira

If ever you need me

No one could ever know me the way
You do, they could never see what
Lies deep inside, as they just
Look straight through
You're the only one I have left
In which I can confide.

You know my deepest secrets
You're the only one I have let in
Without any regrets, as you see
What is within.

I never want to lose you
I always want you by my side,
Whatever I have to do
As from you I will never hide.

I would never let you walk alone,
And I know you wouldn't do that
To me, I'm always on the end
Of the phone if ever you need me.

By: Shakira

You are cooler than the water
more calm than a sea
you are also a wave in its waterfall that I can see

But you are not music in the ears of mine
Nor are you the breeze in the air
or a bird in a tree.

-Alicia

Summer days
Big parades
In the shade
Early days
Having fun with a ton
And
Laughing until the night is done

-Alicia

Hot as fire
cold as ice
sweet as candy
sour as ginger
delicate as a flower
strong as a brick
Generous as a friend
careful as a kitten
As happy as a clown
Unlucky as a spell or curse
You are cute as a kitten
you have eyes of a tiger.

-Alicia

You Are

You are colder than the streets at night,
More ups and downs than a valley
You are also more moody beneath
The cloudy weather.

But you are not as cold in the summer,
Nor are you the bumps in the city
Or the waves in the sea.

-Jessie

Scared

Black as the nightfall

It happens when in the situation,

You are alone.

It sounds like a fast heartbeat.

It's like the ground shaking from an earthquake

It's not as fun as a roller coaster.

Nervous, panicky, worried.

Sitting alone in the dark, with voices

Talking through my thoughts.

-Jessie

If

If you were my age

If you were pregnant

If your mother didn't give you her support

If your dad left a long time ago

If you were in a unit

If you missed out on your childhood

If you cried over the past

If you did drugs because you stopped caring

If you only knew

If only you'd understand.

-Jessie

I am

I am pregnant
I wonder if it's a boy
I hear negative talk
I see everyone around me
I want to have this baby in peace
I am happy

I pretend to care
I feel no pain
I touch my stomach
I worry about giving birth
I cry because I'm scared
I am sure of my decisions

I understand how hard it is
I say I'm nervous
I dream about it going well
I try hard to be healthy
I am ready.

-Jessie

4 Seasons

I remember you
Spring is when we met
Listen to your heart
The beginning has just begun

I have heard your voice
Summer is when I started with you
I've made up my mind
The afternoon is when I'm kind

I saw your eyes
Fall is when I fell for you
The wind blew my heart so high
Far away into the sky

I held your hand and in
Winter you kept me warm
A quiet love today and
Tomorrow is another day

-Jessie

If

If marriage is the sand
Humans are the beach.

If happiness is the bird
I am the sky.

If fun is the time
We are the minutes.

If hate is the cup
You are the tea.

If peace is the music
I am the ipod.

-Jessie

Hot as a lit cigarette
Cold as heartless regret.

Sweet as always
Sour in some ways.

Delicate as a flower
Strong with good power.

Generous as a caregiver
Careful in a good manner.
As happy as I am
Unlucky as a scam.

You are beautiful as you are
You have good self-esteem like a kid with ice cream.

-Jessie

If justice is the fear
Humans are the closed door.

If life is the saying
You are the careless.

If love is the hurt
Humans are the sadness.

If the door is open
We are the wind.

If seeing is believing
I am the believer.

-Nono

I am special
I wonder about life
I hear people
I see ghosts
I want money
I am special

I pretend to be happy
I feel crappy
I touch the stars
I worry I'll go blind
I cry to live
I am special

I understand many things
I say stupid stuff
I dream about tomorrow
I try to yell
I hope to live
I am special

-Nono

If

If rights are the key
Humans are the door

If love is the rose
We are the clowns

If freedom is the wind
Humans are the birds

If hope is the sky
You are the shine

If sadness is the rain
I am the thunder.

-Dina

My Poem is Random

I wish I could fly
Like a bird
Share the sky
I hear cries
My poem is random
And could somehow make sense.

My poem is random
Its limits are to infinity
I wish to be free
Without no one bothering me
A dream is something you love
Reflecting the soon to be, future.

-Dina

4 Seasons

I remember when there was a happier time
Spring is moody
Listen to groovy music
The beginning is never coming

I have heard the same story
Summer is a change
I've made up my mind
The afternoon will be a day to remember

I saw the big blue sky
Fall is calm and soothing
The wind is in my hair
Far away is a mystical place

I held light
Winter was a bright one
A quiet day seems off
Tomorrow will be a new day.

-Dina

What Season is the Happiest?

Summer

Where the sun shines

Bright

And the flowers say

Hello

Where the bees

Buzz

In your ear

And the party begins.

-Dina

Freedom is a thorn on a rose
Love is the wind in your face
As you dive into the open water from a mountain
Hate is having a heart attack
Happiness is being next to the one you love
Every morning and every night
Fun is silence with the sun beaming down on you
Giving is the sound of kids laughing on the playground
Loyalty is a hand full of money
From a hard day's work
Fear is drowning in a river
Joy is the howl in the night
Sadness is an open bottle.

-Dina

Erasure Poem (Shakespeare's Sonnet 63)

Shall I be
With time's injurious hand
With lines and wrinkles
On to age's steepy night
And all those beauties
Stealing away
 Time, that he
shall never cut from memory
my sweet love
in these black lines be seen
and they shall live.

-Dina

I am

I am special

I wonder about life sometimes

I hear voices

I see everything

I want to take control of my life

I am Dina

I pretend to be happy

I feel nothing

I touch nothing

I worry about the future

I cry because life isn't fair

I am me

I understand teenagers

I say good advice

I dream things that are too good to be true

I try not to disappoint people

I hope everything works out fine

I am special

-Dina

If

If you agree life isn't fair
If you ever think...why me?
If you've ever cried in your pillow
If you've lost all hope
If you agree life sucks
If you wish dreams were real
If you believe in me
If you're lost follow your heart
If you regret your decisions
If only things work out the way you want to
If life was just easy...

-Dina

Abstract/concrete

A collaborative poem

Understanding is tea in a cup

Patience is a bird outside in a tree

Peace is a dog running free in the long grass

Love is words on the paper

Laughter is music coming out of the radio speakers

Fear is a cloud in the big blue sky

Friendship is a garden full of tomatoes

Harmony is the howls in the night

Rainbow is a dream full of clouds

Honesty is a sound behind the waves

Giving is the smell of spring

Hate is casinos in the night

happiness is smoke blowing away

good is red shiny shoes

stupidity is tigers behind bars

loyalty is a dog chewing on a stick

sharing is people playing volleyball

kindness is noise everywhere

naïve is fish in the ocean

Your poem here

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